

Common Patient Questions

Where do patients go after completing Spalding's inpatient rehabilitation program?

- 79% of patients admitted were discharged back to the community, either home or assisted living.
- 11% of the patients admitted were unexpectedly transferred back to an acute hospital care setting.
- 9% of the patients admitted were discharged to a long-term care setting.
- 1% of the patients admitted were discharged to another type of care setting.

How long will I be an inpatient at Spalding?

Patients' plans of care are unique and individualized. Lengths of stay vary depending on each patient's medical and rehabilitation needs. In 2011, the average length of stay was 17 days.

How many hours of treatment per day will I receive?

Patients receive at least 3 hours of therapy per day at least 5 days per week, or an average of at least 15 hours per week. In addition to therapy, patients receive 24-hour nursing care and daily physician oversight.

How many patients meet their predicted rehabilitation goals or outcomes prior to discharge?

Patients are involved in the goal setting process along with members of the therapy team. On average patients achieved their predicted goals 52% of the time.